







Masks are available for use on the bus



Prepaid events have limited spots



Cost listed is per person for bus only (unless noted otherwise)



Exact money is appreciated, as we don't carry change



Book your spot by calling the office. We will confirm your booking by mail



Outings and Duty of Care

At Hawkesbury Neighbour Aid, client safety is our top priority, and we are fully committed to our Duty of Care.

During outings, our volunteers, bus drivers, and bus assistants are responsible for your safety and support. They hold both a legal and moral duty to keep you safe while you use our services.

To help our volunteers fulfill this duty, please:

- Stay with the group at all times.
- Remain at the designated venue during outings.

By following these guidelines, you allow our team to ensure your safety and provide any needed assistance. Our goal is for all clients to enjoy outings with full support within the community.

Coordinators	Chris & Alison	
Contact Number	4588 3510	
Mobile	Chris: 0428 133 312 Alison: 0497 077 221	
Email	neighbouraid@rcsi.ngo.org.au	
Office Days	Chris: Monday & Tuesday Alison: Tuesday to Thursday	
Office Hours	8:30am – 4pm	

Admin	Marilyn	
Contact Number	4588 3509	
Email	adminnaid@rcsi.ngo.org.au	
Office Days	Monday - Thursday	
Office Hours	9am – 4:00pm	



Date	Outing/Event	Costs
1st	Ferry Artists Gallery & Café, Wisemans Ferry	\$15 – Bus
Tuesday		Lunch own cost Date Booked:
3 rd	Dural Flower Power & Café flowers that brave winter	\$15 – Bus
Coffee Cake and Connection 10am - 11:30am Creative Art	gardenia, bottlebrush, cymbidium orchids,	Lunch own cost
	kangaroo paw Lunch – Frankies Food Factory	Date Booked:



Date	Outing/Event	Costs
7th Monday	St Marys Leagues Club WATERSTONE	\$15 – Bus \$19 – Lunch specials
Chair Yoga 1:30pm to 2:30pm	A warm and relaxed with an extensive modern Australian dining menu. OR	Lunch own cost
Commence Winter Holidays NSW schools	MILLYS COFFEE & GOOD STUFF Millys offers a relaxing retreat to enjoy an extensive selection of your favourite café food of light meals and freshly made cakes, scones, and quiches.	Date Booked:
9th Wednesday	Innovations then to Manly for lunch of Fish n Chips Busy bees garden planter Also available Ladybird	\$15 – Bus Lunch own cost Date Booked:
15 th Tuesday	Macquarie Park Boat House Freemans Reach Good Morning have a Wonderful Tuesday	\$10 – Bus Lunch own cost Date Booked:



July 2020		
Date	Outing/Event	Costs
16 th Wednesday	The Robertson Mixtury in July	\$0- Bus \$60 - 3 Course meal Please book early Date Booked:
21st	Op Shops Crawl Dural	\$15 – Bus
Monday Chair Yoga 1:30pm to 2:30pm	Visit Salvos, Helping Hearts Survive (a not-for-profit charity business with a passion for supporting and nurturing those in need) and Vinnies Lunch at Sugar Salt, Galston	Lunch own cost Date Booked:
23rd	Morning Melodies	\$15 – Bus
Wednesday Volunteer Meeting 2pm-4pm Self-care	Peter Cousens & Friends Totaling Flotourous Peter Cousens & Friends	\$0 – Self drive \$22 - Show Lunch own cost Date Booked:



	July 2023	
Date	Outing/Event	Costs
25th	Macedonian Group	\$15 – Bus
	TK Something BBQ, Canley Vale	4.0 -0.1
Friday		\$48-50 Lunch own cost
		Date Booked:
28 th	Roy Orbison & Friends	\$10 – Bus
Manalan	Seniors Show & Lunch	\$0 – Self drive
Monday	North Richmond Panthers	\$32 – Show & Lunch
Chair Yoga 1:30pm to 2:30pm	Monday LIVE SHOW 5 MON Z8TH JULY	Please book early as we need to book and pay the Monday prior
		Date Booked:
29 th	FACTORY TOUR	\$15 – Bus
	THE GROUNDS COFFEE FACTORY	\$ 20 – Tour
Tuesday	Former railway workshops South Eveleigh Follow coffee's journey from green beans to your cup.	Lunch own cost
		Date Booked:



Date	Outing/Event	Costs
31 st	The Vintage Secret Garden, Galston	\$15 – Bus
Thursday	The Vinlage	Lunch own cost Date Booked:



Hello August

August will be filled with positivity
August will be filled with healing
August will be filled with joy
August will be filled with growth
August will be filed with love

Date	Outing/Event	Costs
4th	Scarborough Hotel	\$15 – Bus
Monday Chair Yoga 1:30pm to 2:30pm		Lunch own cost Date Booked:
6th	Bonnyrigg Garden Centre	\$15 – Bus
Wednesday		Lunch own cost Date Booked:
	Lunch at Harvest Café	рате воокец:



Date	Outing/Event	Costs
12 th	Kemps Creek Airport Tour	\$15 – Bus
	Western Sydney International Experience	\$ 0 - Tour
Tuesday	Centre	Book online
	Not long now! 🛪	
	The landside project is rapidly approaching	
	completion	Lunch own cost
	An enormous sculpture to welcome travellers to	
	the new Western Sydney Airport is taking shape	
	at Badgerys Creek.	
	A STATE OF THE STA	Date Booked:
	Lunch Lunden House	
14 th	The Riverboat Postman	\$15 – Bus
	The Riverboat Postman is ostensibly a working	\$59 – Cruise & AM Tea
Thursday	boat taking mail and provision to outlying	& lunch
	communities some with no road access	
The Evergreens 10am – 12noon	ATE	Date Booked:
	Please Note: This outing is an EARLY start	



Date	Outing/Event	Costs
18 th	<u>Jacaranda Group</u> Vanilla Cream Café, Annangrove	\$15 – Bus Lunch own cost
Monday Chair Yoga 1:30pm to 2:30pm	The Hise owen	Booking required Date Booked:
20 th	Symbio Wildlife Park	\$15 – Bus
Wednesday	Spanning 20 acres of meticulously landscaped gardens and animal habitats, Symbio is home to over 500 animals from across the globe, offering visitors a truly unique wildlife experience	\$38 – Entry Online / \$40 - Door need to book on online
		Lunch own cost
		Date Booked:
	Café on site	



Date	Outing/Event	Costs
25th Monday	On Broadway Seniors Show & Lunch North Richmond Panthers	\$10 – Bus \$0 – Self drive \$32 -Show & Lunch
Chair Yoga 1:30pm to 2:30pm	Monday S H O W 5 MON 25TH AUGUST	Please book early as we need to book and pay the Monday prior Date Booked:
26 th	Tims Nursery & Café, Campbelltown	\$15 – Bus
Tuesday	Tim's Garden Centre ever-popular pig uses his milkcrate at the front of Tim's Garden Centre to have his say on current events	Lunch own cost
		Date Booked:



Date	Outing/Event	Costs
27 th Wednesday	Robbie Mann & His Ragtime Band Morning Melodies	\$15 – Bus \$0 – Self drive \$22 - Show Lunch own cost
		Date Booked
28th	Female Orphan School, Parramatta	\$10 – Bus
Thursday	A typical daily routine generally proceeded as follows: • 5:30am: Girls wake up (6:30am in the winter) • 7:30am: Rooms are tidied, and girls are ready for their morning prayers, at which a psalm is read, followed by a hymn and a prayer reading • Breakfast consisting of bread and tea • 9:00am: Reading, writing, arithmetic scripture and other classes supervised by the Master • 1:00pm: Lunch and play time • 2:00pm: Sewing and other classes supervised by the Mistress • 3:00pm: Domestic duties, needlework and gardening • 6:00pm: Supper • 7:00pm: Evening prayers, scripture reading and hymns • 7:30pm: Girls go to bed	\$13.31 – Tour Booking required Lunch own cost Date Booked:



Date	Outing/Event	Costs
29 th	Macedonian Group	\$15 – Bus
	Royal Palace Seafood	
Friday	This three-level establishment boasts an impressive open live seafood tank, presenting a feast for the eyes and palate alike.	Lunch own cost
		Date Booked:



YOU DON'T NEED TO ...

Be available to everyone

Be perfect all the time

Say yes to every request

Do everything by yourself

Have a jam-packed schedule

Deny your feelings

Date	Outing/Event	Costs
1st	Op Shops in Mosman Lifeline - has shop new donations	\$15 – Bus
Monday	Vinnies Anglicare	Lunch own cost
Chair Yoga 1:30pm to 2:30pm	Then lunch at Mosman Rowers	Date Booked:



September 2025

Date	Outing/Event	Costs
	_	
3rd	Mystery Tour	\$10 / 15 – Bus
Wednesday	AAAHII) aaaaaahhh	Lunch own cost
		Date Booked:
9 th	Palm Beach –	\$15 – Bus
	Ferry to Patonga	\$20 – Ferry
Tuesday		Concession
	Back to Club Palm Beach for lunch	Lunch own cost Date Booked:



Does shivering count as exercise?



Date	Outing/Event	Costs
11 th	Paddy's Market	\$15 – Bus
Thursday	You haven't been to market until you've been to Paddy's.	Lunch own cost
The Evergreens 10am – 12noon	Paddy's in 1938	Date Booked:
15th	Jacaranda Group	\$15 – Bus
Monday Chair Yoga 1:30pm to 2:30pm	Mountain View Café, Bilpin	Lunch own cost Date Booked:

Date	Outing/Event	Costs
17th	The Anchor, Spencer	\$15– Bus
	A charming village steeped in history, flanked by	
Wednesday	the Hawkesbury River – also check out awe	Lunch own cost
	inspiring sculpture by local artist Peter Rush	
	Not on the menu	Date Booked:
23rd	Corbett Gardens, Bowral	\$15 – Bus
	Tulip Festival	\$12-23 – Entry
Tuesday		Gardens
	Lunch Bowling Club	Lunch own cost Date Booked:



Date	Outing/Event	Costs
24th	The Royal Australian Navy Band	\$15 – Bus
	Morning Melodies	\$0 – Self drive
Wednesday		\$22 - Show
		Lunch own cost
		Date Booked:
25 th	Lucas Heights Tour	\$15– Bus
	ANSTO Discovery Centre	\$15 - Tour
PLEASE BOOK EARLY AS NEED TO CONFIRM TWO WEEKS PRIOR		Lunch own cost Date Booked:
	Lunch Restaurant Guru	



Date	Outing/Event	Costs
26th	Macedonian Group	\$15 – Bus
	Koala Park, Pennant Hills	\$34 - Entry & tour
Friday	Koala Park was created in the 1920's and officially	
	opened in October of 1930 by the founder Noel	Lunch own cost
	Burnet. He became alarmed at the high numbers	
	of koalas shot for the large export fur trade the	
	face of the earth forever.	
	Lunch at the Wattle Seed Café (BYO)	Date Booked:
29 th	Dolly Parton & Kenny Rogers Tribute	\$10 – Bus
	Seniors Show & Lunch	\$0 – Self drive
Monday	North Richmond Panthers	\$32 – Show & lunch
Chair Yoga 1:30pm to 2:30pm Commence Spring Holidays NSW Schools	Monday LIVE MON 29TH SEPTEMBER	Please book early as we need to book and pay the Monday prior Y Facilities Y Parking
	10	Date Booked:



SAVE the Date

Monday 8th December 2025

Windsor Bowling Club

Time to be advised



