

Stephanie Pinto

Emotionally Intelligent Parenting



Learn a fresh approach to parenting that shows how an understanding of emotions, child development and the neuroscience of behaviour enables parents to 'crack the code' of joyful parenting.

Put simply, emotionally intelligent parenting invites a lot less drama and a lot more love into the home.

Week 1: Wednesday 21 February 10 - 11am

Introduction & topic discussions

Week 2: Wednesday 27 March 10 - 11:30am

Deeper topic exploration

Week 3: Wednesday 8 May 10 - 11:30am

Reflection and discussion on strategies tried and what did and didn't work for your family.

Free Childcare

Contact us for more information or to book into this workshop.

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