

COMMUNICATION FOR COUPLES

FREE 3 week group for parents and carers of children aged 0 - 12 years, with FREE childcare.



3 SATURDAYS

4TH, 11TH & 18TH NOV 2023



10AM - 12:30PM

BOOKINGS ESSENTIAL



Designed to help couples develop new and more effective ways of communicating with each other and dealing with difficulties. We will look at caring communication, cooperative resolution, negotiating individual needs, managing transitions and change, and balancing roles.

Call or email us for more information and to book into this group

RICHMOND NEIGHBOURHOOD CENTRE



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