



HELPING KIDS DEAL WITH ANGER

*FREE group for parents and carers
of children aged 0 - 12 years, with
FREE childcare.*



WEDNESDAY

18TH OCTOBER 2023



6:30 PM - 9:00 PM

BOOKINGS ESSENTIAL



Anger is a normal emotion -the challenge can be how to deal with it in a way that is safe for us and others. We will look at how to help your children acknowledge and experience their anger and express it in a productive and helpful way.

Call or email us for more information and to book into this group

RICHMOND NEIGHBOURHOOD CENTRE



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