

## Tools for Parentso

Richmond Community Services Inc. is pleased to be able to offer a FREE group with FREE childcare

## Helping Kids Deal with Anger

Anger is a normal emotion -the challenge can be how to deal with it in a way that is safe for us and others.

We will look at how to help your children acknowledge and experience their anger and express it in a productive and helpful way.

Wednesday 18th October 2023 6:30-9pm **BOOKING ESSENTIAL! 02 4588 3502** 

Email: admin@rcsi.ngo.org.au

At: Richmond Neighbourhood Centre 20 West Market Street, Richmond, NSW 2753 ....making a difference...



The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project — to provide free workshops and ongoing courses designed to help parents/primary carers of children 0-12 years develop better relationships between themselves and with their children -and to enhance parenting skills. Richmond Community Services Inc., purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Minders Service for the project and is delighted to offer them free to participants.







