



# Tools for Parents<sup>®</sup>

Richmond Community Services Inc. is pleased to be able to offer a **FREE** group with **FREE** childcare

For parents/primary carers of children 0-12years

## Thriving Babies Strategies for Parents

This group will look at topics such as:

What babies need to grow and be happy

Strategies for creating a positive emotional climate in the home for your baby

Learning the different ways that babies communicate

The importance of tummy time, eye contact and touch

The importance of self care for parents

**Wednesday 29th March 2023**

**10am—12.30**

**BOOKING ESSENTIAL! 02 4588 3502**

**Email: [admin@rcsi.ngo.org.au](mailto:admin@rcsi.ngo.org.au)**

**At: Richmond Neighbourhood Centre**

**20 West Market Street, Richmond, NSW 2753**

*....making a difference...*



The project is funded by the Australian Government's continuation funding of the 'Tools for Parents' project — to provide free workshops and ongoing courses designed to help parents/primary carers of children 0—12 years develop better relationships between themselves and with their children —and to enhance parenting skills. Richmond Community Services Inc. purchases group and workshop facilitation from Windsor Professional Centre and childcare services from Hawkesbury Community Outreach Mobile Minders Service for the project and is delighted to offer them free to participants.

